



Sacred Heart Catholic Church

219 E. Rockwood Blvd.
Spokane, WA 99202

First Sunday of Lent
February 22, 2026

The pastor and parishioners of Sacred Heart Catholic Church warmly welcome you to our parish family!

We hope that you find us to be a family of faith and love, exemplifying in word and deed the generosity of the Father, the self-giving service of Jesus Christ, and the enduring presence of the Holy Spirit.

Pastor: FATHER VICTOR M. BLAZOVICH
Tel: (509) 747-5810 X 202
Emergencies only: (509) 847-4142
Email: vblazovich@dioceseofspokane.org

Deacon: BRIAN ERNST
Tel: (509) 324-6411
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Business Manager: BARBARA NEESER
Office Tel: (509) 747-5810
Office Email: office@shparishspokane.org
Office Hours : Tues - Fri, 9:00 am - 3:30 pm

Catechists:
YOUTH GROUP: JEFF & JANELLE KLEIN

Cataldo Catholic School:
MR. ZACK CUNNINGHAM, PRINCIPAL
Tel: (509) 624-8759

Mass Times:

WEEKENDS:

Saturday Vigil: 5:00 pm (in person)
Sunday: 10:00 am (in person & live-streamed)

WEEKDAYS:

Tuesdays through Fridays, 8:30 am

ADORATION:

First Friday of the Month, 9 am - 10 am

Reconciliation:

Saturday, 4:00 pm - 4:30 pm
First Friday of the Month, 9:00 am - 9:30 am

Religious Education:

Sister Paschalina Marie, SMMC:
Religious Education, 3rd Grade thru 6th Grade:

For livestream events, schedules, and contact persons, visit our website: shparishspokane.org & Facebook

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509-747-5810 + office@shparishspokane.org + www.shparishspokane.org



SACRED HEART PARISH

First Sunday of Lent
February 22, 2026



"It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God."

Matthew 4:4



A Time of Preparation

CRS Rice Bowl brings Catholics across the United States together each Lent to respond to global hunger and poverty through prayer, fasting and almsgiving. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit crsricebowl.org/join to read this week's Story of Hope.

Mass Intentions This Week

Saturday, Feb 21st	+Kathleen Kallas, RIP
Sunday, Feb 22nd	<i>Pro Populo</i> (for the People)
Tuesday, Feb 24th	For the Sick & Infirm
Wednesday, Feb 25th	+Carter Swedo By Mary & Craig Hult
Thursday, Feb 26th	+John Redinger, RIP
Friday, Feb 27th	Holy Souls in Purgatory By Gene Gosse

Our Parish Prayer Chain: Is there illness or are there special needs in your family? Our community prayer chain looks forward to praying for you! Send a request to [Judy Felgenhauer, jfelgen@comcast.net](mailto:JudyFelgenhauer@comcast.net).

If you or someone you know are in the hospital and would like a visit from Fr. Vic, please call the office to let us know; we would be happy to arrange it! Also please contact the office if you would like a mass said for someone.



Just as a car needs a tune-up, so does a marriage from time to time to stay on track.

The Marriage Encounter Experience is a great time to rekindle your romance, learn new communication tools and enjoy a weekend away from distractions. The next Spokane Weekend will be March 6-8 at the Immaculate Heart Retreat Center.

For more information, call Ken & Cheryl at 509-922-9813 or sign up at www.wwme.org

Thankful, Grateful, Blessed

Presence™
THE MYSTERY OF THE EUCHARIST



Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. Presence: The Mystery of the Eucharist explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members. It is the crescendo of the entire story of salvation.

Please join us at 5:30 PM Wednesdays - March 4, 11, 18 and 25 - during Lent, to dive into the mystery of the Eucharist, the True Body and Blood of Our Lord and Savior! A video series from Formed.org with discussion and fellowship!

Please register by February 25 by calling Barbara at 509-747-5810, Lynn at 509-475-0900 or Mary at 509-499-4013. Cost \$15

Immaculate Heart Retreat Center

Silent Day of Prayer on the Annunciation

March 25, 2026, 9:00am - 3:00pm
Sister Mary Eucharista, SMMC

We all make plans to live good lives, and sometimes other people and conditions change those plans. In this day of prayer, we will gaze into how Mary responded to the changes God asked of her, (Luke 1-2) learning from the model disciple how, with God's help, to create a Marian response to our own life changes and difficulties.

Included will be Holy Mass, the Sacrament of Reconciliation, two conferences, lunch, the recitation of the Rosary and Adoration before the exposed Blessed Sacrament.



Please Register in advance: at:
(509) 448-1224 or visit
www.ihrc.net

"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting... But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen." *Matthew 6:16-18*

99th Annual Novena of Grace "Practicing Catholics Transformative Spiritual Disciplines" St. Aloysius Parish February 23rd to March 3rd

Enter Lent 2026 with a rich experience of the Christian Spiritual Disciplines. Fr. Jack Bentz, S.J. will lead nine days of inspiring presentations on practical tools to start/restart your spiritual life. Expect beautiful music, special blessing with the relics of St. Francis Xavier, and an outpouring of grace in your life.

12:15pm Prayer Service - Monday through Saturday
5:30pm Novena Mass - Monday through Friday

The Pastor's Corner

Dear Friends,

Lent has arrived once again—a gentle invitation to pause, reflect, and begin anew. As we gather for the first Sunday of Lent, many of us still bear the trace of ashes on our foreheads, a profound sign that marked the beginning of this season. Those ashes were to remind us not only of our own humanity, but also of our call to turn our hearts toward God. Lent is here, and the journey begins.

It's easy for the days to slip by, caught up in routines and busy schedules. Forty days may sound like a lot, but they can pass in a blink if we're not careful. Lent is a chance to make these days matter—a season set aside for something deeper. We are invited to step away from the rush and to use this time intentionally to draw closer to God.

Jesus himself showed us the way in today's Gospel. After his baptism, he spent forty days in the wilderness, apart from the noise and distractions of daily life. He prayed, fasted, and sought spiritual strength. Those forty days weren't easy, but they were transformative. Jesus teaches us that sometimes we need to unplug, to step away, and to trust that God will meet us in the quiet.

As we begin Lent, let's remember that we are following in Jesus's footsteps. Prayer and fasting aren't just traditions—they're invitations to grow, to listen, and to find spiritual renewal.

Wishing you a blessed and transformative Lent,
Fr. Vic

Our Parish Sacrificial Offerings for the Month of January, 2026

Envelope & Plate Offering: \$30,241.50
Outreach Offering: \$ 812.50

In order to meet our budget, an average monthly collection of \$31,250 is needed.

Thank you so much for your generosity!

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Are You Prepared? End of Life Workshop

Planning for Your Spiritual & Corporal Needs

Saturday, March 7 • 9:00 a.m. – 12:00 p.m.

Mass at 8:30 (optional)

St. Anthony Catholic Church

2320 N. Cedar St., Spokane, WA 99205

NO CHARGE

Join us for this informative workshop and learn how to preplan for the end of life.

Light refreshments provided.

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Please RSVP to (509)467-5496 or bernadettep@holycrossofspokane.org

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Wednesday, March 25 • 9 am - 3 pm



Silent Day of Prayer on the Annunciation:

Preparing for the Unknown:
Mary's Interior Prayer and Peace
Sr. Mary Eucharista, SMMC



\$47 per person, \$57 with use of room for the day
ihrc.net/events or (509) 448-1224



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**M⁷
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